



King's High, Kingsley and Warwick Schools **Friday Activity Programme** Autumn 2025









The Friday Afternoon Activities Programme creates the opportunity for every King's High, Kingsley and Warwick School pupil in Year 9 and above to participate in a range of varied and valuable Co-Curricular activities in a co-educational setting, each intended to extend and enrich their education. The activities range from learning a new language, to conducting scientific research. There are opportunities to gain nationally recognised qualifications or simply to learn a new skill. Read the booklet, pick an option, and make the most of this opportunity.

Sign Up Procedure

Pupils sign-up for activities during the sign-up period, which is <u>open from 10.15am on Wednesday 3 September</u>. Once you have chosen your activity, please go back into the SOCS site to check it has registered. Activities will start on **Friday 5 September**.

Sign-up is via the "Activities" tab in the **SOCS Co-Curricular software**, which can be accessed by www.misocs.com

Not all options are open to all pupils; the options available to you will appear in your sign-up dashboard. Each pupil may only choose one activity from the Friday Afternoon Activities Category.

Places on most activities are limited and, in the majority of cases, are allocated on a **first come first served basis.** Check that your choice has registered on the system. Most activities last a term but some last the whole year. If you are doing a year-long activity you must continue unless you have been given permission to move. If you are doing term activities check whether you are allowed to repeat it.

Some activities are by invitation only and cannot be chosen online. If you would like to participate in one of these activities, then please read the handbook entry carefully for details of the application procedure. If your application is successful, you will be pre-allocated to the activity and will not be able to select an alternative.

Some activities are extremely popular. If your first choice of activity is full, then please select an alternative. In these circumstances, you may select an alternative, then also select your first-choice activity from the Friday Afternoon Waiting List category. If you are successful in securing your place on your first-choice activity, then **DO NOT** select an activity from the waiting list category. Only add your name to the waiting list for an activity if you would prefer to do this activity than the activity you have chosen.

Pupils who do not choose an activity during the sign-up window will be allocated to those with spare capacity. Do not just turn up to an activity that you have not signed up for.

What to do now:

Check you can login to your SOCS and reset password if needed.

Read this brochure and identify at least 3 activities which may be of interest to you. With some activities we have asked for you to talk to a member of staff before the login time – please make sure you do this in advance.

We hope that you have an enjoyable time on Friday afternoon this year.

Mrs White and Mrs Gray

Friday Activity Options

Activity Helpers – Year 7 Sport

Years: 11, L6th, U6th – for those who have previously done CSLA OR who have shown

commitment to their sport over the time at King's

Duration: Term, can be repeated

Staff: Mrs Parkinson-Mills

Location: Fields



This option is available to students who enjoy sport and who would like to assist with a Friday activity. Most commonly this is with Year 7 Games where you would help to coach either netball or hockey. Please talk to Mrs Parkinson-Mills before choosing this.

Advanced Musicianship Programme

Years: 9, 10, 11, L6th, U6th – Invitation only

Duration: Year **Staff:** Mr Albrighton

Location: KHS Auditorium







This is a specialist programme designed for advanced musicians at King's High and Warwick. The course will explore advanced skills such as working with an accompanist, conducting, musical analysis and chamber music coaching, as well as specialist sessions on the psychology of performance. The course will be designed around and tailored to the interests of the cohort and is an exciting opportunity to develop with other high-level musicians. This course is suited to any able musician with a passion for pursuing their musicianship further, be that at university or music college, or as a life skill to develop beyond their time at school.

If you are new to the school, please contact Mr Albrighton (King's) or Mr Lindsay (Warwick) as soon as possible to apply.

Anatomy and Dissections

Years: 9, 10, 11, L6th, U6th **Duration:** Term, can be repeated

Staff: WS - Ms Irani Location: WS







Calling all aspiring medical minds and anatomy enthusiasts! Are you fascinated by the intricate complexities of living things? Eager to delve into the realms of anatomy through hands-on on exploration? Look no further than our Anatomy and Dissections Activity – where curiosity meets precision! We will learn about anatomy, complete guided dissections, and make biological drawings in our sessions. This is a great way to improve your fine motor skills, attention to detail and problem-solving skills. You may repeat this activity, however the dissections are likely to be the same.

Art for the community

Years: 11, L6th, U6th Duration: Term Staff: Mrs Jordan Location: KHS Art 1









This activity will be dedicated to producing artwork for local charities, hospitals, schools and our wider community who require visual stimuli within their interior spaces. This artwork could range from painted landscapes, crafted cards, printed bookmarks – there is no end of choice to what can be created and most importantly, what can brighten someone else's day.

Arts Award (Silver)

Years: 9, 10, 11, 12, 13 Duration: 2 terms Staff: Miss Stiles

Location:









Are you ready to unlock your creativity and showcase your talents? Whether you love art, dance, drama, music, or writing, this is your chance to work towards a nationally recognised qualification while having fun and developing new skills! Join us every Friday afternoon for an exciting and creative journey with the Silver Arts Award. You'll have the chance to explore and develop your own projects, discover new artists, and share your ideas with others. With plenty of opportunities to express yourself, collaborate, and celebrate your achievements you can explore new career paths and develop new skills within the arts.

Art Illustration

Years: 9, 10, 11, 12, 13

Duration: Term **Staff:** Mrs Pettipher **Location:** KHS









A weekly theme to create an illustration working with various materials to develop your own illustrative style.

Beyond A level Maths

Years: L6th, U6th Duration: Term Staff: Mrs Milsom Location: KHS









Do you have a passion for mathematics? Are you interested in tackling challenging mathematical problems that build on your skills that you are taught for A level? Are you considering studying mathematics or another related degree? Yes? this club is for you! Each week we will look at problems that extend your A level knowledge, discuss different ways of approaching the questions and work together to reach a solution. Questions will be taken from the STEP, MAT and TMUA papers. There will be no requirement to sit an exam at the end of the year but those who need or want to do this as part of their university application will be offered support and guidance.

Ceramics

Years: 9, 10, 11, 12, 13

Duration: Term, can repeat

Staff: Mr Parkinson **Location:** WS D6









Spirited Ceramics will introduce you to the core elements of Ceramic Art practice. Only suitable for those who wish to get stuck-in and get their hands grubby, as this activity will be primarily practical. You will explore a range of hand-building techniques, as well as have the opportunity to learn to throw and turn on the wheel. We will also utilise a breadth of decorative applications, including glazing. Ceramists will be encouraged to develop their own ideas in response to the media and processes on offer, informed by the critique of their peers. The course is suitable for both novice and advanced practitioners.

Chess

Years: 10, 11, L6th, U6th

Duration: Term, can be repeated

Staff: WS - Mr Goodlad

Location: WS





Chess is the ultimate strategy game with a simple set of rules that is great fun to play. It sparks creativity, helps unleash originality and activates both sides of your brain. The game requires fast thinking, and you will develop both your problem-solving skills and strategic thinking. In the sessions there will be a mix of analysing scenarios, introducing new tactics, and free play. Both novices and more advanced players are welcome.

Clay Pigeon Shooting

Years: 10, 11, L6th, U6th

Duration: Term **Staff:** Mr Wild

Location: Wedgnock

Cost: £23 per session





This is an opportunity for anyone that has not tried clay shooting to have a go at this popular sport. It is suitable for beginners and more experienced shooters. You will be taught how to handle a gun safely and be introduced to sporting clay shooting.

Combined Cadet Force

Years: 9, 10, 11, L6th, U6th - NOT ELIGIBLE FOR SIGNING IN - already enrolled

Duration: Full Year **Location:** Various





If students have passed their competency tests or if you have submitted an application, you will be automatically enrolled onto this course, so you do not need to do anything.

Community Sports Leadership Qualification – Level 3 Qualification in Sports Leadership

Years: L6th

Duration: Year long **Staff:** Mr Partridge **Location:** WS







The Sports Leadership Award is a great introduction to leadership, giving students knowledge of how to organise and lead small games and activities that can be used as part of uniformed organisation, community club or sports club sessions. The Award aims to help learners develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as they take on the responsibility of leading their peers and younger children in local Primary Schools. If you enjoy sport and would like to give something back to the local community then this is a highly recommended option. It also looks good on your UCAS form!

Cooking for University

Years: U6th

Duration: Term, no repeat

Staff: Mrs Featherstone and Mrs O'Sullivan **Location:** KHS and WS Food Rooms









Whether you are a complete beginner or have some experience in cookery, these practical sessions will give you vital skills for life. We will make a sweet and savoury dish each week, as well as gain some understanding of nutrition and budgeting.

Crafting for Kindness

Years: 9, 10, 11, L6th, U6th

Duration: Term

Staff: Mrs Coplestone-Crow

Location: KHS







Join Crafting Club and get creative while making a difference! Each week, we'll work on a variety of fun, hands-on projects – from cards and bookmarks to small gifts and decorations. Many of our crafts will be donated to the 'Kissing it Better' charity, helping to brighten the days of older people in care. No experience needed – just bring your imagination and a willingness to get crafty for a good cause!

Creative Drawing

Years: 9, 10, 11

Duration: Term, can be repeated

Staff: Ms Munday Location: KHS









A 12 week course looking at different approaches to drawing and developing your observational skills. There will be an opportunity to develop your drawing skills through using a wide variety of materials. You will draw from a range of subject matter as well as make your own sketchbook.

Creative Upcycling

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Miss Holubecka

Location: SS3







Ever looked at a hoodie, a handbag, or a cushion and thought—this could be something more? In my Creative Upcycling Workshop, you will explore how to transform everyday clothes, accessories, and home items into bold, personal creations. Using embroidery, sewing, crochet, and macramé techniques, we'll experiment with fresh ways to reimagine and remake what already exists. From customising fashion to crafting unique décor, this is your chance to get creative, learn new skills, and see potential in the things all around you.

Current Affairs Club

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Mrs Hargreaves **Location:** KHS









Are you curious about the world around you? Do you enjoy debating big issues, discussing breaking news, or digging into the stories behind the headlines? Then the Current Affairs Club is for you! What we do:

- Discuss and debate the latest news and global events
- Explore different viewpoints and develop critical thinking
- Research current affairs topics that matter to you
- Learn journalism skills and write your own news reports

Dance GCSE - AQA - for existing students only

Years: 9, 10, 11, L6th
Duration: 2 Years
Staff: Miss Carvell
Location: KHS Studio











The GCSE Dance is broken into three parts: Performance, Choreography and Dance Appreciation. Performance includes being taught two solo dances and a duet/trio, learning all of the physical, mental, expressive and technical parts of dance in order to improve your performance. Choreography requires you to design a dance for a solo, duet, trio or group of up to five dancers. You will learn to write down what and how you created with specific vocabulary. Dance Anthology will introduce you to six dance works from professional companies. You will learn their style, how each piece was created, their intention, lighting, costume and staging for each piece.

What skills will I develop?

You will improve your physical skills for example your flexibility, balance and control. Develop your mental skills in order to prepare for performances. Enhance your expressive skills and learn technical skills and how to apply them.

How will I be assessed on the practical elements?

Within Performance you will be assessed on two solos that are set by the exam board for you to learn and perform individually. You will also be partnered for a duet or trio and given a stimulus which you will create together with the teacher.

In September of your second year you will be issued a stimulus by the exam board, from this you will create your Choreography. The three Performance pieces and one Choreography piece are marked live by the teacher and the video is sent off to the exam board for external assessment.

How will I be assessed on the theoretical elements?

In May/June of the second year of the course there is a written exam that is I hour and 30 minutes long. The paper is in three parts: In the Performance section you will be asked about your dances that you have learnt and choreographed over the past two years. Within the Choreography section you will be asked about the dance vocabulary and apply this knowledge to choreographing a dance. Within the Dance Anthology you will be asked about three of the six works. The questions will involve memorising key information and making comparisons across the works.

Designing and Making

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Mr Walker **Location:** KHS – DT







You will be able to design and make a balancing mobile or a rotating garden sculpture that will be powered by the wind.

Materials available to use will be wood, copper and brass.

Detective Club

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Mrs Lavender **Location:** KHS







In this activity, you'll step into the shadowy world of Sherlock Holmes and detective fiction. You'll read and explore a selection of classic short stories, examine how the genre has been adapted for film, and even take part in your own investigations — solving fictional cases using logic, deduction, and close observation. There will also be opportunities to craft your own detective short stories, building your writing, reasoning, and storytelling skills along the way. By the end, you'll not only appreciate the genre's enduring appeal — you'll also think a little more like a detective yourself.

Drama

Years: 10, 11, L6th, U6th

Duration: Year **Staff:** Mrs Wyatt **Location:** KHS DRST







Drama Club is a fun, inclusive space where everyone is welcome – whether you're a confident performer or just curious to give it a try. It's all about creativity, teamwork, and finding your voice.

Each week, we'll explore different ways to bring stories to life through movement, voice, and character work. The main focus will be on devising – working in small groups to create original performances based on themes that matter to you. You'll have the freedom to shape your own ideas, build confidence, and learn how to collaborate effectively.

Ethics Cup

Years: 11, L6th, U6th

Duration: Term, no repeat

Staff: Mrs Jewell Location: KHS







The **Ethics Cup** is an exciting and intellectually stimulating Friday Afternoon Activity that challenges students to engage in deep, thoughtful discussions on complex moral and ethical issues. Designed to develop critical thinking, collaboration, and reasoned argumentation, the competition encourages students to explore different perspectives and construct well-reasoned responses to real-world ethical dilemmas. As part of this activity, students will participate in the "Ethics Cup", an national competition, run by the University of St. Andrews, which will see them put their skills to the test against other schools at the University of Nottingham, refining their debating skills, enhancing their ability to articulate ideas persuasively, and engaging in respectful dialogue with their peers. This activity not only supports academic development but also nurtures essential skills in ethical reasoning and public speaking, preparing students for university and beyond.

Evergreen School

Years: 11, L6th, U6th

Duration: Year **Staff:** Dr Yates **Location:** Off site







This is a fabulous opportunity to work with children with additional needs. After receiving training in autism awareness and other areas of learning support and special needs, we will work alongside the students at Evergreen School on a variety of projects and also support in lessons.

Floor Ball

Years: 9, 10

Duration: Term, can repeat

Staff: WS - Mr Drew

Location: WS





Floorball is a fast-paced indoor team sport similar to ice hockey but played on foot in a sport hall with lightweight sticks and a plastic ball. Each team has five outfield players and a goalkeeper, competing in three 20-minute periods on a 40×20 -metre indoor rink. Popular in countries like Sweden, Finland, Switzerland, and the Czech Republic, floorball is governed by the International Floorball Federation (IFF) and played at both grassroots and international levels. It is also used in ice hockey training to enhance coordination, reflexes, and team tactics.

Gardening

Years: 10, 11, L6th, U6th

Duration: Term **Staff:** Ms McClean

Location: KHS garden and off site









Join Gardening Club and discover the joy of growing your own plants, food, and community spirit! Open to all, whether you're a green-fingered expert or a complete beginner, this club is all about getting stuck in and enjoying the outdoors.

We'll grow a vibrant vegetable patch, learning how to sow, tend and harvest seasonal crops. You'll also gain skills in propagating plants – from taking cuttings to growing from seed. We'll also take part in a community gardening project, working with local groups to brighten shared outdoor spaces and make a positive impact beyond the school gates.

Expect a mix of digging, planning and creativity – plus a few muddy hands along the way. All you need is enthusiasm and a love of nature!

Golf for beginners

Years: 10, 11, L6th, U6th

Duration: Term **Staff:** Mr Ashby

Location: The Warwickshire





A group lesson at the Warwickshire from a professional starting on the Driving Range, learning to swing a club and hit the ball, progressing on to the Par three course. The aim is to introduce the basics of the game and develop these over the sessions. All equipment is provided. Please note that this is not suitable for those who already play the game. Casual wear is not permitted – you must be in full sports kit for this activity.

Improv Troupe

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Dr McKee

Location: WS - Drama Studio







If you have a quick wit, an interest in drama and a willingness to say 'yes!' then improvisation is the activity for you. A wide range of workshops to help you develop your skills in improvised performance, hopefully culminating in the creation of Warwick's very own Improvised Theatre Company!

Italian Language and Culture

Years: 9, 10, 11, L6th, U6th **Duration:** Term, can be repeated

Staff: Mrs Larucci Location: WS L8











The course will aim to enable students to feel confident conversing in a variety of scenarios by the end of the summer term. Essential and useful grammar will be covered, and Italian history and culture will be intertwined into the course to enhance the students' new linguistic experience.

Ivy House Leadership Award

Years: 11, L6th, U6th

Duration: Year Staff: Miss Gilbert Location: KHS







The Ivy House Award develops leadership and life skills, giving Year 11, Lower Sixth and Upper Sixth students the knowledge, skills and confidence they need to step up and take ownership of their future.

It is a 2-part programme, The Award first supports students in discovering their unique character, who they are, what they want and how they can play to their strengths and then develops a core set of skills critical to success.

The Award will run for a whole year. The Award bridges the gap between education and work, equipping students with the knowledge and skills to enable them to thrive, whatever their chosen path.

The Award delivers the very best personal learning. It will be delivered in a variety of ways: 40 core videos, combined with a series of quizzes, psychometric tools, bespoke exercises, and discussion topics. The group will work together through the award.

Jewellery and Craft Making

Years: 9, 10, 11, L6th, U6th **Duration:** Term, no repeat

Staff: Mrs Craven **Location:** KHS Art2







Have you ever fancied trying your hand at silver-smithing or perhaps have an interest in working with glass? You will learn to design items such as rings, earrings, cuff links, key fobs and pendants. You will learn techniques such as soldering, forming, texturizing and polishing whilst working with silver to create your own bespoke piece. You will also experiment with the effect and reactions of different types of glass and learn all the skills of a glass artist – building up layers, etching, copper inclusions, decals, cutting and shaping – to name but a few.

Kayaking (2 groups – I – Year 9, I-Years 10-Upper Sixth)

Years: 9, 10, 11, L6th, U6th

Duration: Term

Staff: Mrs Browne, Mr Clarke

Location: River







Novice or experienced kayakers will have an opportunity to develop their skills under the expert tutelage of instructors from Leam Boat Centre. This activity will involve an opportunity to complete the Cadet Leader Award. Please note that this is a full year commitment.

'Kissing It Better' for Year 9 - Nursing home

Duration: Term,

Staff: Mrs McRoberts. Mrs Montiel, Ms Kumar

Location: KHS





Pick this if you are interested in making a difference to the elderly people in residential care. You will visit Park View Nursing Home to take part in activity afternoons with the residents

'Kissing It Better' for Years 10-Upper Sixth – Course in creative thoughtfulness and crafts

Years: 10. 11, L6th, U6th

Duration: term,

Staff: Mrs McRoberts. Mrs Montiel, Ms Kumar

Location: KHS





You will follow a course written by the KiB team on creative thoughtfulness (including helping those with dementia with reminiscence, communication and hygiene). In addition, you will develop resources for use in hospital and visit a range of patients in Warwick Hospital once a fortnight.

Medical Pathway

Years: 10, 11

Duration: Full year, can be repeated

Staff: Mrs Paterson **Location:** KHS











As part of the WSF Medical Pathway, this activity will provide an opportunity for Year 10 and 11 pupils to begin preparing for their applications to study Medicine, Dentistry, Veterinary Sciences, and other healthcare professions. Pupils will explore the various careers and fields of Medicine, develop their critical thinking skills, explore ethical scenarios, and improve their manual dexterity.

We will be looking at Biology beyond the GCSE specification, performing dissections for comparative anatomy and carrying out research into emerging treatment options.

Music Partnerships

Years: 10, 11, L6th & U6th

Duration: Term, can be repeated

Staff: WS - John Mann

Location: WS – Music Department







We are seeking passionate instrumentalists and singers who will collaborate on projects in the local community. With the aim of visiting a number of care homes, Warwick Hospital and Primary

Schools to offer concerts of formal and informal music to both raise spirits and educate, I need a group of keen musicians who wants to share music that is both solo and collaborative.

Musical Theatre Appreciation

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Miss Flood

Location: WS Drama Studio





As part of Musical Theatre Appreciation, students will have the opportunity to learn songs, scenes and dances as well as watch and discuss a range of streamed musicals. There are also optional opportunities to work towards public performances.

Padel

Years: 9, 10, 11 Duration: Term Staff: Mrs Jones

Location: Warwick Boat Club







A Fun and Exciting Way to Learn a New Sport!

Spend an afternoon discovering the thrilling game of padel and challenge your friends on the court! Whether you're looking for a new hobby or just want to try something different, this course is perfect for players of all levels.

Learn to improve your **hand-eye coordination**, develop teamwork skills, and experience one of the fastest-growing sports in the world. No prior padel experience is needed—just bring your enthusiasm! While previous tennis experience may be helpful, it's not required.

Join us and see why padel is becoming a favourite sport for players everywhere!

Physics STEM

Years: ||

Duration: Term, can be repeated

Staff: Mr Whittle Location: WS









This gives you the opportunity to explore Physics and Engineering beyond the scope of your standard lessons. You will develop and carry out a Physics investigation or solve an Engineering problem on a much larger scale than seen in class into an area of your choosing. Projects in recent years have involved constructing and testing an air cannon, investigating how to make an effective bike tyre, how to design the perfect tea bag and many more besides. In addition to the wide scope of the project, there is also opportunity to develop new skills such as computer modelling, extended use of datalogging equipment or learning how to use motion capture to record moving systems.

Print Making

Years: 10, 11

Duration: Term, can be repeated

Staff: Mrs Francis **Location:** WS Art D7











Printmaking is one of the earliest forms of recording images and ourselves. In this activity you will explore different methods of printmaking including reduction lino print, dry point etching and collagraph. Through these prints you will learn the processes to master each and explore the variables that make each image unique and personal to you. This is an ideal experience for both experienced creatives as well as newcomers, all that is required is a sense of creativity and imagination.

Procreate digital illustration

Years: 9, 10
Duration: Term
Staff: Mrs Quinn
Location: KHS Art 3









Are you a beginner and you want to learn how to use Procreate to produce amazing designs or do you already use Procreate and you want to develop your skills, further? Then this is the course for you. Procreate gives you the opportunity to create amazing digital illustrations. In the course you

will learn the tools and features the app has to offer, along with how to use them to unlock infinite design possibilities, including exploring the use of layers, transformation tools, brushes, colour and more. I will walk you through my T-Shirt design process using Procreate – covering everything from illustration, to adding custom text, resulting in your very own printed T-Shirt design.

Psychology in Action - Advanced

Years: 12, 13

Duration: Term, no repeat

Staff: Ms Hemming Location: WS Psyl







In Psychology in Action, you will design and undertake psychological research as part of a team on an area which you find interesting. With guidance, you will find and research an aspect of Psychology, refine an idea, and design a study to test it. You will be given the opportunity to carry out this research with other students as participants, as long as you have ethical approval! Previous questions have included; can a sixth former make a student do more press ups than a prefect? Are students more likely to help someone with or without crutches when they drop books? Do rugby players feel more aggressive before or after a match? This activity will enable you to develop skills associated with teamwork, research, and design. It would develop skills essential for studying at university, particularly in a science subject. Throughout the weeks, we will take the time to discuss psychological concepts, look at famous studies as well as new ideas in society. No prior knowledge is required, but an interest in Psychology will certainly help!

Psychology in Action - Foundation

Years: 9, 10, 11

Duration: Term, no repeat

Staff: Mrs Kirby Location: WS Psy2







In Psychology in Action, you will design and undertake psychological research as part of a team on an area which you find interesting. With guidance, you will find and research an aspect of Psychology, refine an idea, and design a study to test it. You will be given the opportunity to carry out this research with other students as participants, as long as you have ethical approval! Previous questions have included: can a sixth former make a student do more press ups than a prefect? Are students more likely to help someone with or without crutches when they drop books? Do rugby players feel more aggressive before or after a match? This activity will enable you to develop skills associated

with teamwork, research, and design. Throughout the weeks, we will take the time to discuss psychological concepts, look at famous studies as well as new ideas in society. No prior knowledge is required, but an interest in Psychology will certainly help!

Rocket Club

Years: 9, 10, L6th
Duration: Year
Staff: Dr Wheatley
Location: KHS Physics











Now open to Y9 and Y10!

Teams of up to 6 will research, design, build and launch model rockets, keeping a careful record of the design, evaluation and improvement process. The aim is to enter the UKROC Youth Rocketry competition in Spring 2026. These are serious machines even though they are 'models' - this year's team launched their rocket more than 250 m into the air at the regional heats! If you're interested in Physics, Design or just tinkering with things to make them work then we want you on the team!

Participants will ideally be available for one Sunday day trip (no charge) in March for test launching at a Midland Rocketry Club event in Twycross.

Sailing

Years: 10, 11, L6th, U6th

Duration: Term, can be repeated

Staff: Mr Keech, Mr Peck **Location:** Draycote Water **Cost:** £164 per term









This is an opportunity to sail in the new set of Firefly dinghies. All aspects of inland sailing will be covered but the main emphasis will be on racing and team-racing. Previous sailing experience is not compulsory. This activity takes place at Draycote Water so the minibus leaves Warwick at 13.20 and returns at 16.00 during the Autumn and Spring terms with 17.00 finishes in the Summer term or when the weather conditions are good.

Science in Action (SIA)

Years: L6th, U6th **Duration:** Full year

Staff: Mr Cafolla, Ms France, Mr Hibbard, Mrs John, Mrs Nuttall, Mrs Sims, Mr Lancaster

Location: WS B4







This is the ideal activity for committed scientists who love to experiment, investigate, and ponder. Freed from the confines of the syllabus, we aim high, aspiring to develop synthesis, analysis and applied techniques more commonly used in undergraduate laboratories. Students work alongside each other, developing communication skills as they form efficient working relationships. There is a degree of responsibility, some of the techniques require careful risk assessment, and the quality of results will depend upon each student's own experimental diligence as well as their ability to work as a team. We offer options in Biology, Chemistry, Physics, and Engineering, and we anticipate that students might choose to follow the particular strand that appeals to them. Pupils who have an interest in undertaking a degree in science, or related degree, will find this activity helpful for their UCAS application; participation in this unique programme has proved to give students the edge when applying to prestigious universities.

Screen Printing

Years: 10, 11, L6th, U6th

Duration: Term **Staff:** Mr Reeves **Location:** KHS









In screen printing you will have to opportunity to develop your own artwork inspired by artists such as Andy Warhol and Shepard Fairey. You will experiment with a variety of processes to develop your own design ideas through digital edits and hand drawn images. These will then be used to explore screen-printing techniques, including printing with hand cut stencils and photo emulsion screens. Experimentation across a range of materials will provide a variety of mixed media grounds to print onto creating a series of unique final outcomes.

Skills for the Outdoors

Years: 9, 10, 11, L6th U6th

Duration: Term, can be repeated

Staff: Dr Hodkinson **Location:** WS





If you are going outdoors, you need skills! This activity could help support your Duke of Edinburgh Award or own outdoor activities now and in the future. The skills we learn are there to increase your enjoyment and safety when out in the countryside wherever that may be. The activity is designed to be very practical and include both classroom and outdoor sessions depending on the weather. Themes include essential navigation, planning, orienteering, using compasses, forecasting the weather, how to be safe, the work of the mountain rescue, what to do in an emergency, understanding the countryside code, appreciating wildlife and recording your visit. If you enjoy the outdoors, spend time in national parks or countryside, have climbed some of our mountains, or have ambitions to do so or are just curious about what is involved you will find this activity really interesting and helpful.

Speed Sport Stacking and Disc Golf

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Miss Crofton **Location:** KHS







What is Sport Stacking?

Sport Stacking is a recognized sport in the AAU Junior Olympic Games and is played in 50+ countries across the globe. It combines fast-paced fun with essential skills development. Enhance your mental agility, manual dexterity, concentration and speed in a unique sport which will challenge and delight you, as you master the art of extraordinary cup-stacking sequences, setting personal and team records as you go. This dynamic 12-week course will combine individual training, collaborative games, team relays, friendly competitions, fitness and lots of fun.

What is Disc Golf?

Looking for a fun, fast-growing sport that gets you outdoors and active? Disc golf is the perfect blend of skill, strategy, and fresh air. Like traditional golf but with flying discs, players aim for metal baskets instead of holes. Give it a throw!

Strategy Games

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Miss Reed **Location: TBC**











Playing board games is a fantastic way to build problem-solving, critical thinking and decision-making skills.

New board games will be introduced during the course to cater for a variety of interests. You will be taught the rules of the game, key strategies and then you will have the chance to play.

Student Investor Club

Years: L6th

Duration: Term, can be repeated to gain a Level 2 qualification

Staff: Mr Mahony Location: WS Q2







Student Investor Club provides an introduction to those who might want to work in finance and investment, and some guidance for students who would like to become more financially literate. We shall learn some basic concepts of personal finance and some of the underlying terminology of investment. We shall consider various investment vehicles and techniques, with the emphasis on the stock market.

Volunteering

Years: 9, 10, 11, L6th, U6th

Duration: Year **Staff:** NA

Location: KHS





Are you passionate, caring and keen to make a difference to young children? Yes? Join our volunteering programme in local schools.

Year 9 students will visit Warwick Prep School weekly and work with small groups Years 10 and 11 students will go to local schools – Coten End, Newburgh and Westgate and work with small groups.

Sixth form students will go to All Saints and Milverton Schools and work with small groups there.

Schools will be allocated by Mrs White and Mrs Gray when you have signed up.

Volunteering – Saturday mornings

Years: L6th, U6th Duration: Year Staff: NA Location: KHS





We have children from Year 5 in local primary schools in King's on Saturday mornings for support with key literacy and numeracy skills along with drama activities. Members of the sixth form are encouraged to volunteer on Saturday mornings (9-12). If you join this group, you may have Friday afternoons as study periods in lieu of this time. Please talk to Mrs Emmett if you are interested.

Volunteering – Science outreach

Years: 10
Duration: Year
Staff: Mr Etheridge
Location: WS C3 C4





Each week we volunteer and bring science into local primary schools. Our aim is to enthuse young scientists with our exciting activities including rocket launching, building bridges, microscopes, and testing chemicals. Sometimes we visit local schools using our minibus and on occasions they can also come into our school labs.

Watch & Wonder: Philosophy Through the Screen

Years: 9, 10, 11

Duration: Term, no repeat

Staff: Dr Crawley **Location:** KHS









Are you ready to challenge your mind and rethink your favourite shows? In this Friday Afternoon Activity, we'll dive into popular TV shows, films, documentaries, YouTube clips and more to uncover the deep philosophical questions hiding beneath the surface. From ethical dilemmas to questions about identity, free will, and justice, no topic is off-limits. Expect lively debates, thought-provoking discussions, and the chance to defend your opinions—or change your mind! Whether you're a seasoned thinker or just curious, this is your chance to explore big ideas in a fun, relaxed setting. Come ready to question everything!

Water Polo

Years: 9, 10

Duration: Term

Staff: Mr Greenwood

Location: WS





We will be working on the core skills for playing water polo. Participants must be strong confident swimmers and be able to tread water comfortably.

Wellness, Wellbeing and Joy

Years: All Duration: Term

Staff: Mrs Baker **Location:** KHS







In the first half of the session, we'll explore what wellness really means. Not just physical health, but a holistic approach that includes nutrition, self-care, and the psychology of wellbeing. Learn how the food we eat impacts mood and energy, discover simple self-care practices you can weave into your daily routine, and understand how your thoughts, emotions, and habits shape your mental wellbeing.

The second half of the session is all about practice and experience. We'll begin with a gentle body scan to help you tune into the present moment, followed by simple yoga stretches that are suitable for all abilities — helping to release tension and reconnect with your body. To finish, you will lie back and relax during a soothing sound bath using a crystal singing bowl tuned to 434 Hz, a frequency known to support deep relaxation and inner calm.

World Drama Workshops

Years: 9, 10, 11, L6th, U6th

Duration: Term, can be repeated

Staff: WS - Mrs Lance

Location: WS – Drama department







Join our exciting World Drama workshops—perfect for anyone with a passion for performance and a curiosity about global theatre traditions. Through hands-on, practical sessions, you'll develop your physical and vocal skills while diving into unique styles like Japanese Noh, Kabuki, and Butoh, Turkish Karagöz shadow puppetry, and Indian Kathakali. You'll explore technical theatre elements as well as exploring new performance techniques. Don't miss this opportunity to expand your creative horizons and discover how theatre comes alive around the world!

Young Enterprise

Years: L6th

Duration: Full Year

Staff: Mr Horsington, Mr Dhesi

Location: WS







Young Enterprise offers the chance for you to set up and run your own company under the guidance of business advisors. This is not a make-believe world of monopoly money, but one where each company will have to raise finance to launch the company and then to design and produce goods or services for sale. These will then be marketed and sold as widely as possible: YE companies have sold products at the Victorian Evening in Warwick, at Trade Fairs in the Royal Priors and in Stratford, as well as a host of events at Warwick and King's High Schools. Many skills are required for the successful operation of a company. Most importantly is the need to work in a team but for individuals to take responsibility for a specific aspect of that company. Many of the skills developed during Young Enterprise will be valued by universities and by future employers. Participants will enter the Young Enterprise Company national competition and produce business reports and presentations. Companies from the two Schools have been extremely successful over recent years and have displayed excellent entrepreneurial skills, gaining media coverage in both the press, social media and on television. Because of the real-world nature of the Young Enterprise scheme, time needs to be allocated to company business beyond the normal Friday afternoon timetable. This will involve attending several evening and Saturday events throughout the year. Those who opt for Young Enterprise should be aware that there is a high level of commitment which is expected of all company members.

Yoga

Years: 9, 10, 11, L6th, U6th

Duration: Term, can be repeated

Staff: Mrs Burroughs Location: Music room







Rest, relax, restore and gentle yoga.

During the sessions you will learn different ways to help you de-stress and relax.

Self-care is an essential survival skill. Self-care refers to things we practice or engage in regularly to reduce stress and maintain or enhance our physical and mental well-being. Learn to recognize body signals (interoception) and use mindfulness, breathwork, and other techniques to regulate your nervous system, thereby improving mental health. We will dive into the exercises within to enhance our self-awareness and emotional well-being helping to promote feeling calm and a good night's sleep. We will then do some gentle yoga moves and ending with a relaxation.

On the Kingsley School campus

You will have an early lunch pass and leave school by bus at 1.45pm. If you live in Leamington Spa you may be able to go home from the Kingsley School or your parents can collect you from there. There will also be a bus to bring you back to the Myton Road campus for 4pm – except for cardboard sculpture club when you need to stay until 4pm.

Cardboard Sculpture Club

Years: 9, 10, 11, L6th & U6th Duration: Term, can be repeated

Staff: TKS – Mr Lax

Location: TKS





Learn to transform your favourite animal head into a cardboard sculpture, playing with shape, volume, and scale. From a tabletop cat to a large wall-mounted gorilla head, with a little cardboard and your imagination, you can build eye-catching sculptures in any size. Express your ideas using upcycled materials and create a sustainable work of art. Students from King's High School must remain in the session until dismissal at 4 p.m. to ensure time is also given to tidying away materials.

Life hacks for Sixth Formers

Years: L6th & U6th

Duration: Term, cannot be repeated

Staff: TKS - Mrs Ahmed

Location: TKS



Budgeting, CV preparation, basic cookery skills, employment rights etc

How do you rank your post school skills? This club is all about upping your game in basic life confidence. From writing a standout CV and making a great first impression at interview, to renting your first flat, budgeting, and even figuring out to make a no-lumps white sauce, these sessions will answer your questions. Through hands-on activities and your own research, you will pick up practical life hacks that will take you to the next stage ... and beyond!

Personal Fitness

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Kingsley staff

Location: Kingsley School Gym





Develop a range of exciting fitness components. Activities will be based in but not limited to Kingsley's new fitness suite. You will work individually, in pairs or in small groups on identifying areas for personal improvement and training (weights and cardio).

Podcasting

Years: 9, 10, 11, L6th, U6th

Duration: Term **Staff:** Kingsley staff

Location: Kingsley School

Share your ideas for storytelling, music, or expressing your opinions in a creative way. Join the Podcasting Club where you will learn how to produce your very own podcast from start to finish. This club offers a great opportunity to develop valuable skills, including scriptwriting, audio recording, and editing with sound effects and music. Whether you have previous experience or are completely new to podcasting, we will guide you through each step. Creating podcasts can build confidence and enhance communication skills, as well as offering the chance to collaborate with others who share your interests and bring your unique voice to a wider audience.